## The experience & know-how to get you back to your life.

Robert G. Schwartz, MD, is a highly credentialed specialist with more than 20 years of experience. Dr. Schwartz holds board certification in physical medicine and rehabilitation (physiatry), pain management, thermology and electrodiagnostic medicine and is a fellow in vascular medicine. He is medical director of physical medicine at St. Francis Community Hospital, founder of the South Carolina Society of Physical Medicine and Rehabilitation and the most senior physiatrist in the state. Dr. Schwartz has also given hundreds of lectures and published more than 40 articles.

## Effective. proven solutions for...

- Severe, chronic & unresolved pain
- Weather-sensitive & burning pain
- Nerve-related pain, tingling, numbness, swelling or weakness
- Unusual sensitivity to cold or touch
- Pain with excessive sweating or color change
- Leg pain, especially with exercise
- Painful muscle spasm
- Joint pain & rheumatic disease
- Painful, injured or weak ligaments
- Back & neck pain
- Work & sports injuries
- Overuse injury
- Persistent & severe headaches

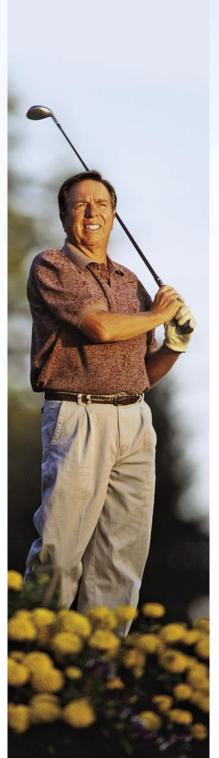
## Pioneering the understanding & treatment of your condition.

At Piedmont Physical Medicine & Rehabilitation, we resolve pain, numbness and weakness by following one simple principle: total commitment. As a result, Dr. Schwartz has innovated, introduced and refined new methods for understanding and treating unresolved conditions. These methods include: diagnostic ultrasound for musculoskeletal problems, percutaneous tenotomy for tendon repair, prolotherapy to regrow ligaments, the Marshall Protocol for the enhanced treatment of infectious toxins. Antibiotic Protocol for reduction of inflammation, electric sympathetic nerve blocks and more.

## Comprehensive testing for a complete diagnosis.

Resolving your pain starts with a full understanding of your symptoms... and their underlying causes. When it comes to your care, Dr. Schwartz is a detective, taking the time to differentiate your actual problem from all other possibilities. In addition to being intuitive as a specialist, Dr. Schwartz is a highly skilled. experienced diagnostician who makes use of a wide array of testing modalities, including:

- CT, MRI & X-ray studies
- Specialty blood & urine tests
- EMG & nerve-conduction velocity testing
- Diagnostic musculoskeletal ultrasound
- Motion & gait analysis
- Functional capacity evaluation
- Medical thermography
- Duplex & Doppler vascular studies



## Innovative treatments to resolve the root cause.

Dr. Schwartz uses numerous nonsurgical interventions to treat your pain at its source. In fact, most of the techniques below were introduced to the area by Dr. Schwartz. Only a few of these are performed by other local physicians, and not with the same volume of experience.

Prolotherapy – Using "proliferative therapy," Dr. Schwartz injects a compound that promotes ligament growth for improved strength and mobility and reduced pain and weakness.

### Percutaneous tenotomy

- With ultrasound guidance, Dr. Schwartz uses a needle to "feather" tendons to effectively repair them.

Marshall Protocol – A unique but highly effective protocol for keeping infectious toxins from "hiding" from treatment or natural immunity defenses.

Antibiotic Protocol – With lowdose antibiotics, inflammation can be reduced in those with genetic predisposition to it. Joint swelling, pain and mobility are greatly improved.

Thrombolytic therapy – Many types of pain responses are due to lack of adequate oxygen. When properly used, anti-clotting medications can enhance blood flow and increase tissue oxygen.

Pain-receptor pharmacology – Pain can be reduced or even resolved by many different kinds of medications. Anti-hypertensives, anti-epileptics, muscle relaxers and even topical creams have a reducing effect on the body's pain receptors.

Anesthetic injections & nerve blocks - Dr. Schwartz can anesthetize or block nerve pathways to alleviate pain.

## Electric sympathetic blocks

 When correctly configured, electroceuticals can effectively relieve weather-sensitive, burning nerve pain.

Reduction of total load – Bv reducing the total number of factors that could be contributing to your pain, numbness or weakness, you improve your chance for relief.

Hormone therapy – Hormones play a vital role in your body's normal function. Hormone therapy may be needed to restore those processes.

Botulinum injection – Injecting botulinum toxin. commonly known as BOTOX®, can temporarily paralyze muscles that move involuntarily or contract painfully.

Lifestyle modification – Diet, exercise and other changes in your lifestyle can make a dramatic difference on your life.

## Giving you back your life... without opiate painkillers.

It's no secret that "painkiller" medications merely reduce pain symptoms... and then only temporarily. But you may not know that South Carolina is one of the most narcotic-addicted states in the nation. For this reason, and because he believes in doing no harm, Dr. Schwartz does not prescribes addicting opiates. Rather, he uses his knowledge of pain pharmacology to find non-opiate solutions for relieving pain. The truth is, there are many effective options available for



Dr. Schwartz to relieve your pain while resolving its root cause.

## Addressing every aspect of your problem so you can live without pain.

Pain. numbness and weakness have a total impact on your life, affecting your body, mind and spirit. Which is why we take a holistic approach. This means we have genuine compassion for you and focus on your individual needs. It means that we strive to understand and address your relationship with your pain and partner with you in your care. And while it makes us different from other practices that only try to manage symptoms, it means we're dedicated to finding and eradicating the root causes of your pain.

If chronic pain, numbness or weakness have taken you away from your life, let us help you get it back. Get the experienced, results-oriented care vou deserve... from a pioneer in understanding and resolving even the most complex problems.

Call today! (864) 235-1834



Living with chronic, complex pain can make you want to give up. And the same is true for chronic numbness, tingling or weakness. In these cases, your condition can dominate your life and define your existence, especially if it doesn't respond to treatment.

Don't give up. Instead, give up your pain.

At Piedmont Physical Medicine & Rehabilitation, we help what hurts by combining innovative solutions and a passionate dedication to resolving your pain. We help you get back to the life you love.

For more than two decades, Robert G. Schwartz, MD, has pioneered tests and treatments in order to completely understand and solve even the most challenging cases... without surgery or opiate-based pain medications. During that time, Dr. Schwartz has earned a reputation for multidisciplinary innovation, patient-first care and achieving outstanding results. What's more, Dr. Schwartz and his caring staff take a uniquely human approach, addressing all aspects of your pain, including both the physical and emotional components.

You see, even if you thought it wasn't possible, we believe you deserve to live your life free of pain, weakness or numbness. And there *are* solutions.

## Resolving even the most complex pain

with innovative solutions & proven leadership.



317 St. Francis Drive, Suite 350

Greenville, SC 29601

Tel: (864) 235-1834

Fax: (864) 235-2486

www.piedmontpmr.com

# Resolving even the most complex pain with innovative solutions & proven leadership.

